

# *Jo's Recommended Resources*

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## **Cannabis Strain Review & Selection**

Leafly.com

## **Cannabis Law Reform and Current State Laws**

Norml.org

## **History of Cannabis and Prohibition**

The Cannabis Manifesto: A New Paradigm for Wellness, by: Steve DeAngelo

## **Deep Dive Cannabis Resource Guide for Your Science Brain**

Cannabis Pharmacy: The Practical Guide to Medical Marijuana, by: Michael Backes

## **Responsible Parenting on Pot**

TheStonerMom.com

## **Cooking with Cannabis**

SousWeed.com

## **Nutrition and Healthy Living**

NutritionalWisdom.com

NutritionalWisdom.com/nutwiz-kids

## **Meditation and Mindfulness**

Headspace App

## **Stress Management**

CrystalNudging.com